



May 2010 Lunch Menu

Stroudsburg Elementary & Intermediate School

Prices

Lunch \$1.55

Breakfast \$1.00

Milk \$.45

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|
| Elementary Daily Alternates "C" - Cheese Pizza w/ Juice "D" - PBJ Uncrustable w/Cheese Stick | IES Hot Alternates M: Pizza + BBQ Rib on a Bun T: Chicken Patty + Breakfast Pizza W: Pizza + Cheddar Cheese Quesadilla TH: Egg & Cheese Bagel Melt + Cheeseburger F: Pizza + Chef Choice | | <i>Cafeteria Substitutes are needed.</i> AA, EOE, M/F/V/D Call 421-4840 for more information | |
| Balanced Choices Meal 3 Breaded Chicken Patty on a Bun Steamed Peas Fresh Orange Low Fat Milk | 4 Pork Nachos w/ Cheese Sauce Steamed Corn Chilled Peaches Low Fat Milk | 5 <i>Cinco de Mayo</i> *Balanced Choices Meal Chicken Burrito Steamed Corn *(IES) Lettuce & Tomato Fresh Orange Low Fat Milk | 6 (E) Steamed Pierogies w/. Sauce (IES) Oven Fried Chicken Steamed Green Beans, Dinner Roll Chilled Fruit Mix Low Fat Milk | 7 Scrambled Eggs Tator Tots Corn Muffin Chilled Pears Low Fat Milk |
| Elementary Weekly Alternates: "B" Deli Hoagie <i>National Hoagie Day May 5th</i> | | | | |
| 10 French Toast Stick Syrup Sausage Patty Juice Cup Chilled Peaches Low Fat Milk | *Balanced Choices Meal 11 Grilled Chicken on a Whole Wheat Bun *(IES) Lettuce & Tomato Steamed Peas Chilled Pineapple Low Fat Milk | 13 <i>Fruit Cocktail Day</i> Breaded Chicken Nuggets Dinner Roll Oven Baked Fries Chilled Fruit Mix Low Fat Milk | 14 Beef Nachos w/ Cheese Sauce Steamed Corn Chilled Applesauce Low Fat Milk | Balanced Choices Meal 15 Pasta w/ Meat Sauce Steamed Green Beans Dinner Roll Fresh Orange Low Fat Milk |
| Elementary Weekly Alternates: "B" Sloppy Joe on a Bun | | | | |
| Balanced Choices Meal 17 Turkey Corn Dog Nuggets Potato Wedges Peas & Carrots Chilled Pears Low Fat Milk | 18 Egg & Cheese Bagel Melt Tator Tots Baked Apple Slices Low Fat Milk | Balanced Choices Meal 19 Cold Pizza Bagel Fun Lunch Carrot Sticks Chilled Peaches Low Fat Milk | 20 Pizza Dippers w/ Sauce Chilled Applesauce Low Fat Milk | 21 Turkey & Gravy w/ Mashed Potatoes Dinner Roll Chilled Peaches Low Fat Milk |
| Elementary Weekly Alternates: "B" Deli Chef Salad with Ranch Dressing and a Dinner Roll <i>National Salad Month</i> | | | | |
| 24 Pork Nachos w/ Cheese Sauce Steamed Corn Chilled Peaches Low Fat Milk | 25 Scrambled Eggstravaganza Tator Tots Bagel Chilled Applesauce Low Fat Milk | Balanced Choices Meal 26 BBQ Rib on a Bun Steamed Green Beans Confetti Cole Slaw Chilled Fruit Mix Low Fat Milk | 27 Breaded Chicken Patty on a Bun Warm Baked Apple Slices Carrot Sticks Low Fat Milk | Balanced Choices Meal 28 Sloppy Joe on a Bun Steamed Peas Chilled Pears Low Fat Milk |
| Elementary Weekly Alternates: "B" Twin Mini Sausage Bagel Melt | | | | |

Nancy E. Franks
Director of Dining Services
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